

THE DESCENT

Vol.1 No. 01 Founder Editor: S. A. Maa Krishna October 2000

Welcome to the readers of the first issue of this magazine whose objective is to explore into the **subtle physical** domain. For more clarity we are quoting two of the experiences of Sri Aurobindo and The Mother. **“When there is the descent of consciousness into the body one becomes aware of a subtle physical consciousness and that can remain in samadhi- one seems to be aware of the body, but it is really the subtle body and not the outward physical...”**(SABCL-23/741) **“I think that as the Supramental descends, the subtle physical will have a greater and greater action on earth, because it is the world where the new creation will be formed before it, “descends,” before it becomes absolutely visible and concrete.”**(Mother’s Agenda-4/35-37.) And the Mother added, **“As I told you, Sri Aurobindo lives there (in the subtle physical) permanently, as though in a house of his own: you can see him, you can stay with him, he is busy. It is very much like the physical, but a physical that would be less grating, you understand, where things are more harmonious and satisfying, less excited. There is less of that feeling of haste and uncertainty. In that house Sri Aurobindo lives, life unfolds very, very harmoniously: people come and go, there are meals even...But all that obeys more general laws, and a sense of security and certainty not to be found in physical life...”**(Mother’s Agenda-4/35-37) The experiences produced here are too personal and hence its circulation is restricted within a limited circle. In this issue the recent correspondence with Sri K. Anurakta of Sri Aurobindo Ashram, Pondicherry is revealed.

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Reverend Father

The Mother’s House

10.09.2000.

Om Namo Bhagvateh. Accept our regards. I will give you some account of my activities here.

- 1 On 13th August 2000, in the morning at around 9.30 A.M. I saw The Mother in a dream in her long sophisticated room. She has grown strong as she was repeatedly telling after hundred years she will be strong. After seeing her I thought I will ask her what she was doing during these last twenty eight years. I arranged the tape recorder before her with the idea that I will record everything that she will tell us. Then I got up. In the same dream I saw Maa Krishna doing pranam by touching Mother’s Feet. I also wanted to touch Her Feet. But I found Her Feet was inside and failed to do the same.
- 2 After this dream I got up and then after some time I saw the Samadhi (where Sri Aurobindo and Mother’s bodies are kept) in the dream. I saw the south west side building of Samadhi, upstairs where Sri Aurobindo was earlier staying. There I met some great yogis and some activities were going on there. After that I saw that I and Maa Krishna were riding an automatic vehicle from Samadhi and we got down from the vehicle near the south side entrance door.

- 3 On 23rd August 2000, I saw the dream of Samadhi. I saw Maa Krishna bringing out three big incense stick from her bag for offering. I also observed how a force pushed me forcefully towards Samadhi for pranam. It was like a sudden jerk.
- 4 On 2nd September 2000 afternoon, I saw Samadhi in my dream. The height and length and width of Samadhi had grown bigger than the original size and white flowers were decorated in a simple manner (not the traditional decoration). After pranam I saw I was given some food to eat...I also saw Maa Krishna giving me three fifty rupees notes for offering near Samadhi. I also saw Maa Krishna going out of Samadhi towards south side door and I was following her. When we arrived near the south side door we found it is going to be locked. Out side Maa Krishna asked a car to stop and the car stopped but without taking us moved forward.
- 5 On the same day I met you in dream near west side of play ground road leading to Samadhi and asked you a question.
- 6 From 01.09.2000 I have started eight hours walking in my room and doing 160 mala japa everyday. I am also continuing 6 P.M. to 6 A.M. my night activities as I had discussed it with you. Eight hours walking idea came as Sri Aurobindo was doing the same in his room for a long period. Now as on to-day I find this activity is full of His grace and sanction. However on 2nd September when I met you in the dream I informed you of my this new activity and asked you whether during walking sometimes I can move my hand in different posture so that the same will be a part of bodily exercise. You expressed your glad assent in the dream.
- 7 On third September during noon I saw in the dream that I am reciting Savitri loudly. But those lines were not there in the original Savitri. After getting up I was able to recollect the last line I uttered. It was like this: **"Fire so, connected with the disconnected line."**

A similar dream I saw on 22.07.2000 where the last line remembered as:

"The day, the voyager of light."

If possible kindly write me from which plane the above two lines have descended and also significance of other dreams.

On 30th September my first six month seclusion will be over. From 1st October the next six month seclusion will begin. Kindly grant the Divine blessing.

Accept our love and regards.

Your child

Bikram

Dearest Bikram,

I am enclosing a detailed response to your fascinating letter/account of yogic progress. The reply has been guided by The Mother and fully confirmed by Her.

My love always to you and to Maa Krishna. In our effort and consciousness we are united with Light.

At Their Feet,

Signed Anurakta.

16.09.2000

DEAR BIKRAM

1. THIS FIRST DREAM INDICATES THAT YOU WERE CLEARLY AND PURELY IN THE SUBTLE PHYSICAL FROM WHERE HER TRANSFORMING POWER ESSENTIALLY RADIATES. (YOU DIDN'T MANAGE TO TOUCH HER FEET BECAUSE YOU ARE TOUCHING THEM IN YOUR HEART.)
2. THIS 'DREAM' CONFIRMS A GOOD MOVEMENT IN THE PROCESS OF PHYSICAL TRANSFORMATION.
3. YOUR LOVE, HER LOVE, OUR LOVE IS PUSHING YOU FORWARD IN THE YOGIC PROCESS OF INTEGRAL TRANSFORMATION. (THE GUSTY FORCE WAS DYNAMIC LOVE.)
4. ALL DREAMS CENTRED ON THE LIVING PRESENCE OF THE SAMADHI AND PARTICULARLY, AS IN THIS DREAM, ITS GROWTH OR EXPANSION, CONFIRM MOVEMENTS TOWARDS PHYSICAL TRANSFORMATION. SEEING CARS OR TWO WHEELERS AND OFFERING MONEY BOTH INDICATE PHYSICAL PROGRESS IN THE SADHANA.
5. (I don't remember what was said!!!)
6. VERY GOOD.
7. THESE LINES FROM 'SAVITRI' (OR SUBTLE SAVITRI) WERE FROM THE 'MIND OF LIGHT', AT SRI AUROBINDO'S FEET. BOTH LINES AS REMEMBERED INDICATE MOVEMENT FORWARD.

YOUR SIX MONTHS HAVE BEEN A VICTORY OF
CONCENTRATION AND SELF-DISCIPLINE.

BLESSINGS FOR PROGRESS AND LOVE AND GRACE-LIGHT IN THE
FUTURE.

* * *

On 29th September 2000, I was conducting a group meditation in the evening hour along with the small children of the hostel. Immediately after the start of the meditation there was descent of force. I along with the boys slowly entered into the deeper state of meditation. In that deep state I saw a big long hall with dim blue light and I was sitting in a chair along with the small and big boys. In this half an hour meditation it seemed the boys were receiving the descending force in a silent and calm state. A deep silence and serenity pervaded my room I was in a trance state. Eye was opening and closing. I was also unable to stop the meditation due to continuous descent of force. After the completion of meditation ten to fifteen minutes passed in silence, then the boys came one by one to bow down before my feet. While this activity was going on I entered into a deep trance and saw in my front a small room where The Mother and Sri Aurobindo were sitting (like darshan day photo) and these boys were offering pranam one by one before them. But nobody was able to touch the feet of The Mother and Sri Aurobindo, because there is a stair in between the place of pranam and their sitting place. But boys were touching my feet and at the same time I saw in my vision the boys doing pranam to The Mother and Sri Aurobindo.

After the meditation the same state continued for two to three hours and whenever I close my eyes I saw the same vision. Then I went to kitchen for work and there also the same state persisted.

After this somebody gave me a letter/ blessings received from Sri Aurobindo Ashram on the same day. Some days before I had written a letter to The Mother informing her of the sadhana camp to be held from 4.10.2k to 7.10.2k on behalf of The Mother's International Centre, Berhampur and asked for her blessings. So on this day of 29th September the Mother's message and blessing was received along with their physical presences demonstrated through a vision. . Om Namo Bhagavateh.

S.A. Maa Krishna.

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It was a night dream. I saw, I was walking with Sri Aurobindo. Some times I was walking on his left side and some times to the right side. He was wearing a white cloth. Some times I was legging behind him and had to run in order to meet him. After some times during walking he showed me a big pipe and asked me what is it? I was not aware in which language he was speaking but was able to understand it. I replied him, "I don't know". Then he left for his room and I remained out side.

Then again the dream continued after some break. I saw Sri Aurobindo in his room holding a book near the book self and was intending to keep the book in his book self with some utterance of words which was not clearly audible. I was feeling the Mother's presence there though She was not visible. But Sri Aurobindo was speaking to the Mother something and moved towards the book self. His body was big and upper portion was bare. The room was of square size. There were also other rooms which I had not seen but I was getting a feeling about it. The floor of the room was decorated with red carpet and the carpet was extended towards the side walls also. Near the wall there were four red colored sofas. The red carpet seemed to be extended and constitute a part of sofa as if the carpet was covering the floor and the sofa.

Prasant

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For The Mother's International Centre Trust, Redg. No. 146/24-11-97 Gandhinagar, 2nd Lane,
Berhampur-760001 (Ganjam)